



YouthNews

REPORTED FOR YOUNG PEOPLE, BY YOUNG PEOPLE



PartnerRe

Health focus at Model U.N.

BY ERIN LOVELL
COMMENTARY

THE Model UN Conference held at CedarBridge Academy on March 3rd and 4th provided new insight on health awareness for many Bermudian students.

As a participant, I gained an appreciation for the value of health awareness, and benefited from meeting people from several different schools and sharing their viewpoints.

Also, I found that the conference was an example of how reaching one small group of the population at a time can help to benefit the larger population.

As we helped to create educational posters and other such material to be distributed throughout the island, participants contributed a small part of themselves by sharing viewpoints and com-



binning them in what will eventually become public awareness material

Finally, I saw a broader benefit in this conference, in that it provided a set of further opportunities for its participants, the most significant to me being the offer to join Youth News.

I feel that this will allow those of us who joined Youth News, as well as its already present members, to perpetuate the trend that the conference was created to set, informing the general public through the combination of young opinions and ideas.

On-island race relations

Modern-day racism does exist

BY ERIN LOVELL
COMMENTARY

I AM OF the opinion that the level of racial tolerance in Bermuda could be greatly increased with progressive education.

Over time, race relations in Bermuda would see a vast improvement if more emphasis were placed on the gradual exposure of the general public to the damaging effects of racial bias on a society. Bermuda has been plagued for many years with what

could be known as "modern-day racism". It manifests itself not in slavery, or public segregation, but in employment discrimination, proverbial social profiling, and often openly in schools and among students and teachers alike.

We can only solve this problem by working together as a country to inform each other about the dangers of this type of racism, and moving from there to help motivate each other to maintain the level of tolerance we hope to achieve.

The non-smoking challenge



This is a continuation from the March 9 Youth News of Shawntte Brangman's report on National Non-Smoking Week (January 16-28, 2005), at Albert College in Canada.

SKIT WRITTEN BY
KRISTINA BEAN AND TONY WANG

STUDENT 4: 4000

TEACHER: That's right and about 200 of them are poisonous. In cigarette smoke there are many chemicals such as rat poisoning, tar, and carbon monoxide. Effects of smoking are nausea, headaches, coughing, dry irritated throat and abdominal cramps. Long term effects of cigarette smoke include lung cancer, kidney cancer, pancreatic cancer and even death. Some smokers try to quit at least three to four times. After you quit smoking you may experience depression, insomnia, or irritability. (a bell is rung and the class is over)

TEACHER: Well, class I will see you all tomorrow when we begin our lesson on other addictions. (Students exit)

End of scene 2

SCENE 3

Father is sitting watching the television when WIFE enters and snatches his cigarettes from him.

HUSBAND: (surprised) Why did you do that?

WIFE: I was watching Dr. Phil last night and he is doing a 10-day challenge with people who are addicted to cigarette smoking. Do you know that if you continue to do this you could get lung cancer or worse even die.

HUSBAND: I am not going to die. I have been smoking for ten years. If I were going to die, it would have happened by now.

WIFE: (upset) I have had it up to here with you and this habit! If you do not stop smoking, I am going to take the kids and leave!

Your smoking is not only affecting me it's affecting our kids too! You have ten days to stop smoking or I am leaving!

HUSBAND: (becoming upset and is now standing) You can't do that! Remember we said for better or for worst!

WIFE: Ten days and that's it! (storms off stage)

End of scene

*E-mail info@eyouthnews.com for the complete skit and smoking survey.

Check out our Hot Picks on these new backpacks.

Photo by Leah Furbert

HotPicks

what's poppin' and kickin' in fashion and music

Fashion



YOUTH spend \$\$\$ on sneakers, cellphones, and lots more, but when it comes to backpacks that they carry around all day, do they really take the time out to think about quality and health. Check out these cool-looking health conscious back packs. You can purchase them at Staples, price approx. \$40.00. find out more online at www.obusforme.com.

Good for you - The OBUS FORME Comfort Support System is ergonomically designed to carry the load closer to your centre of gravity. The weight of the load is transferred from the smaller muscles in your back and shoulders to the powerful muscles of your legs and trunk, making the load feel lighter. Dr.

Daniel Yaron, Chiropractor said: "Engineered to be good for your back. Our unique Comfort Support System is designed with eight features to properly adjust the weight in your pack so it sits close to your body."

Music from DJ Radigun

- ▶ No. 1 "Baby Mama" — Fantasia
- ▶ No. 2 "Candy Shop" — 50 Cent
- ▶ No. 3 "I know" — Sizzla
- ▶ No. 4 "I got your man" — Lady Saw
- ▶ No. 5 "If I were a rich girl" — Gwen Stefani featuring Eve

Top 5 from DJ Radigun, radigun@hotmail.com. "Hear the countdown every Saturday night at 6pm on Power 95."

What's poppin' by Eric

THERE are lots of shows coming to Bermuda for Spring. We can consider it as an early birthday gift! We are expecting Beres Hammond, Amerie and Jamie Hactor from HBO. This show will be at Gombey's Clearwater Beach on March 26th. The Big Bad Beanie Man will be at No. 1 Shed on April 2nd. So guess what, dress hot and be on da spot...



Beanie Man
File photo

Dellwood Science Fair

BY CHELSEA TALFORD

IT'S THE science age again. Dellwood had its annual science school fair on Friday March 18. Students had the chance to use their creativity skills and this year they cre-

ated their own inventions.

You could be buying an 11,12 or 13year-old student's invention. All the students' inventions will be judged on March 25. It's the age of young scientist and we are the future.

PeerNet: a new mentoring initiative

Senior school students to be matched with primary and junior students

ERNST & Young would like to recognize YouthNet for their new mentoring initiative, PeerNet.

PeerNet is a Peer Mentoring programme launched in September of 2004 and which currently has over 90 student mentors participating from six senior schools across the island.

The programme matches senior students with primary/junior students in one-on-one mentor relationships.

PeerNet mentors volunteer to spend one lunch hour every week with their mentee and mentors



receive community service hours for their participation in the programme. In accordance with the Bermuda National Youth Development Strategy the PeerNet programme works to foster youth with a community spirit and develop youth leaders and mentors.

Ernst & Young and YouthNet believe that the PeerNet programme will be helpful in tackling some of the challenges facing

students today such as; problems with schoolwork, social issues such as peer pressure, anxiety related to transitioning from primary to middle and middle to senior school, family problems or tension and other typical difficulties of growing up.

If you are interested in learning more about YouthNet or PeerNet call YouthNet Executive Director, Claire Mello at 294-5300 or visit www.youthnet.bm.

NDC
THE NATIONAL DRUG COMMISSION

Don't drink

THE EASIEST way to protect yourself from alcohol is never start drinking.

