

# YouthNews

REPORTED FOR YOUNG PEOPLE, BY YOUNG PEOPLE



PartnerRe

## Career edition Jump-starting a career

BY SERENA BRANGMAN AND JACARI BRIMMER LANDY

REPRESENTATIVES of the Youth News Team had the pleasure to interview Derek Smith CEO of the Career Centre. He is responsible for the day to day operations.

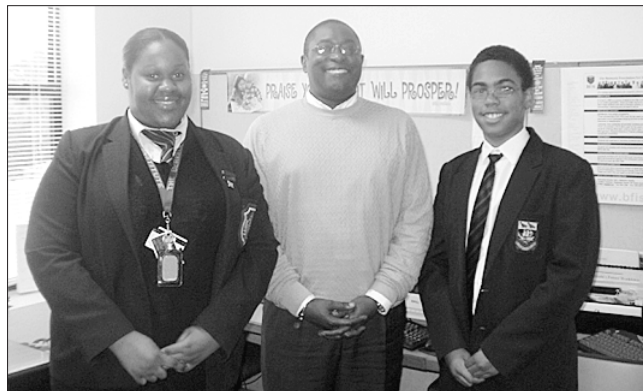
We asked him about the Career Centre's target age group and got some tips for youth to start preparing for a career.

"We target age groups varying between primary all the way up to high school. We try to enforce that it's extremely important to write down any activities you may be involved in because it's important to start building your resume early. It is also helpful to develop your interpersonal skills, communication skills, time management etc."

He continued to describe the importance of looking for a career and not just any job.

Don't just look for a job, but look for a career. Those students who say 'I'll work abroad' because of the lack of job versatility available, need to do their research first; there are hundreds of careers available in Bermuda, you just have to do research."

He also told us about the



Youth News team member Serena Brangman, Derek Smith CEO of the Career Centre and Jacari Brimmer Landy. ■ Youth News photo

Career Centre scholarships, he explained:

Here at the Career Centre we have 159 scholarships available for Bermudian students internationally and all are qualified to apply. We also have information on 259 schools that is available on our website. It's an awesome database for any students out there who are thinking about careers. Check it out: [www.bdacareers.bm](http://www.bdacareers.bm).

### Work shadowing

"Work Shadowing is awesome," Serena said.

The Berkeley Institute recently had a work shadowing day where all S3 students

had the opportunity to visit a business and observe the everyday functions and tasks. It was held all day and it was a great experience. Work shadowing really offers you opportunities for career exploration and provides you with a realistic view of the day-to-day activities of a specific job.

For my work shadowing I went to *Show Off* magazine. I loved it and I think it was a great experience seeing how she [Patrice Morgan] gathered everything for her photo shoots and visited various clothing shops. I think it really gave me a good outlook on careers in fashion.

## The interview: what not to wear

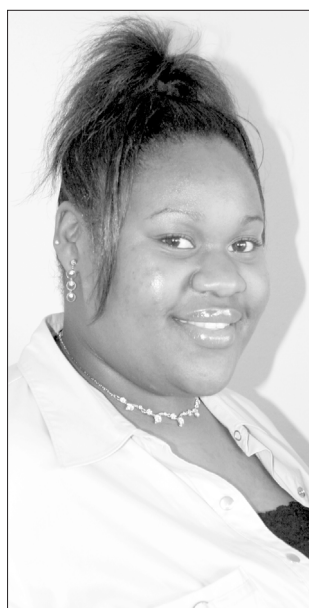
FIRST impressions do count but remember we all know looking good and smart gives us confidence.

### Do's & Do not's

- ▶ Wear something smart, maybe a pair of trousers or a skirt. Make sure it is ironed.
- ▶ Do not wear your latest fashion outfit.
- ▶ Wear a sensible pair of shoes (School shoes will do fine).
- ▶ Do not wear your latest pair of sneakers and/or high heel fashion shoes.
- ▶ Make sure your hair is tidy — you are going to an interview NOT a date or a party, so wear your hair smart not fashionable.
- ▶ Wear a watch — Be sure to be five to 10 minutes early.
- ▶ Do not wear your latest fashion jewellery and wear minimal makeup. Do not wear your latest hot red lipstick.
- ▶ **IMPORTANT:** remember to take a copy of your resume, references and qualifications. It is a good idea to put these in an envelope to keep them clean and presentable.

### Interview Prep

- ▶ Read up on the company before the interview, here is a checklist to get you started:
- ▶ How long has the company



Serena wore the appropriate jewellery, subtle make-up and sported a smart up-do hairstyle. ■ Photo by Leah Furbert

- ▶ been in existence?
- ▶ What are its products or services?
- ▶ What are its future plans?
- ▶ How many staff does it employ?
- ▶ What will your job duties include?
- ▶ Is there an opportunity for promotion?

- ▶ Who are the key members of the organization?
- ▶ What will your job duties include?

### Other preparation

- ▶ Make sure you know how you are getting to the job interview and give yourself sufficient time.
- ▶ Keep the contact number and name of interviewer on you, just in case you have to phone them in an emergency.
- ▶ Have your list of questions with your resume and qualifications. You can keep these with you in the interview.
- ▶ Be polite and respectful to all of the staff you meet prior to the interview and your interviewer.
- ▶ A firm handshake is a good starting point at any meeting.

### Interview nerves

Everyone has nerves and the interviewers actually expect you to have them too. If you prepare correctly, dress smartly and prepare for the interview, with researching the company, your confidence should beam through.

## HotPicks

what's kicking in music, fashion, movies and more...

### Music

- ▶ **No. 1** "Let me love you" — Mario
- ▶ **No. 2** "Longing for " — Jah Cure
- ▶ **No. 3** "Get back " — Ludicras
- ▶ **No. 4** "Down and out" — Cam'Ron f/Kanye West and Selena Johnson
- ▶ **No. 5** "Let's get blown" — Snoop Dogg and Pharrell
- **Top 5 from DJ Radigun**, [radigun@hotmail.com](mailto:radigun@hotmail.com). "Hear the countdown every Saturday night at 6pm on Power 95."

### The web

A site to visit:



Any student wondering about careers should check out [www.bdacareers.bm](http://www.bdacareers.bm).

### Movies

A review: *Troy*

**Starring:** Brad Pitt stars as Achilles in Warner Bros. Pictures' epic action adventure *Troy*. Rent it today.



**Rating:** ♂♂♂♂♂

## Get your resume ready

### YOUTH NAME

Address information  
Telephone number  
E-mail address

**OBJECTIVE:** The objective is a short sentence describing the person you are and what type of work you hope to obtain.

### SKILLS

List relevant skills you have, for example:  
Languages spoken  
Computer skills

### EDUCATION HISTORY

List the dates and schools you have attended and summarize any relevant positions you held:

2000 – current	<b>Warwick Academy</b> Headboy or girl and/or prefect, etc...
Middle School	<b>Whitney Institute</b> School newsletter and school choir
Primary School	<b>Elliott Primary School</b> Hall monitor and classroom helper

### QUALIFICATIONS

List your qualifications, for example: GCSE in English, Math, French and so on...

### EXPERIENCE

List any courses or after school programmes that are relevant to the position you are applying for, for example:

2003 and	Attended an After school programme focusing on marketing and finance.
2000	Attended a two day Youth Conference on Diversity Captain of the School Netball / Football team
1997-current	First Aid Qualified

### HOBBIES:

Reading, sport, walking and so on...

### REFERENCES:

Available upon request

▶ **REMEMBER – YOUR ENTIRE RESUME SHOULD BE NO LONGER THAN ONE PAGE.**

## Need a work assignment?

SOS LIMITED contains a database of graduating students and those who are interested in temporary assignments during their Summer and Christmas breaks. Please forward your resume to us at [jobsos@ibl.bm](mailto:jobsos@ibl.bm) or contact us on 295-1585 directly to arrange an interview.



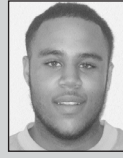
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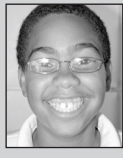
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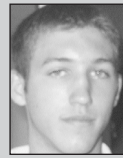
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## Summer employment opportunities

EACH year approximately 250 youth are placed in to summer job positions around the island.

A variety of job opportunities are offered in both the private sector and

Government.

You need to be 16 years old, in regular attendance at a recognized educational programme, complete preparation workshops and be a Bermudian to apply.

This is an excellent opportunity to gain skills and employment experience.

Registration is December 1-31, even though you have missed this year's registration peri-

od, put it in your diary for 2005/2006.

Call the SEP Co-ordinator at the Training and Employment Services Office at 297-7714 or 297-7716 for more information.

## Bermuda Careers' tip

"In the world there are spectators or participators. Which one are you?" Click on [www.bdcareers.bm](http://www.bdcareers.bm).

— **Derek Smith,**  
Executive Director  
Bermuda Career Centre

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## Get on the right path

THE CAREER Paths Initiative was created by the ACE Foundation to encourage Bermuda's youth to achieve long-term career success. Provided in association with the Ministry of Education and Development, Butterfield Bank and community partners, the programme is designed to help students understand the importance of sound career planning and the significance of higher education." Visit [www.careerpaths.bm](http://www.careerpaths.bm).

### Bermuda's Quest for Global Peace & Tolerance

**WHAT:** The Rights and Responsibilities for Global Health in the 21st Century

**Where:** The United Nations, New York - March 3 and 4

**Live simulcast:** Check out [www.unis.org](http://www.unis.org) and watch students from Berkeley Institute, CedarBridge Academy and Bermuda High School representing Bermuda in the General Assembly.

## Funny Stuff

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[www.glasbergen.com](http://www.glasbergen.com)



"I am dressed for success! Of course, my idea of success may not be exactly the same as yours."

## Tipster

### Choosing A Career

- IF YOU have a career in mind but aren't quite sure that it's the right one for you, do some volunteer work in that area and find out more about what's involved.
- Then you'll be better able to make your decision.

## SportsFile

### 'Blue and maroon' go running

BY CHELSEA TALFORD

DELLWOOD has just had their annual cross country race. They based the whole race on determination, faith and a will to succeed.

Speaking of success Dellwood has two houses

"Blue and Maroon", both houses have competitions, the points earned from the cross country goes toward the respective teams. Keep posted to see which house wins but then again everyone is a winner when learning about teamwork.

### XTC just say no

BY JACARI BRIMMER-LANDY



THE NATIONAL DRUG COMMISSION

ECSTASY is a dangerous drug which can be life threatening. Some people have been known to have extreme reactions the first time they try it, others have gradual reactions. Some have died. There is also the possibility of brain damage. Other risks include physiological difficulties such as confusion, depression and sleeping problems. Something as simple as a rash, (a bit like acne) that develops after using ecstasy, indicates a special risk for severe side effects, including liver damage if use is continued. Ecstasy comes in many different forms including tablets. The tablets are made to look like candy and are imprinted with many different symbols. These

include stars, elephants, smiley faces and numbers such as 007. The best advice is: If someone offers you any type of drug just say NO!! Practice ways of saying no, so that you are ready when someone approaches you to try "E" or any other drug. Daniel a 17 year old, former ecstasy user in treatment states what he'd tell other kids: "I'd like to join an N.A. (Narcotics Anonymous) panel and talk to kids who are using. I'd tell them, Get out while you can. It starts out as all fun, games and parties but it leads to real nasty things. You become your own worst enemy." Visit NIDA for teens on the worldwide web for more information and real stories about ecstasy.

OUR FRIENDS: ENGLISH SPORTS SHOP ■ THE COMPLETE OFFICE ■ STAPLES LTD ■ BDA NATIONAL LIBRARY ■ REDLASER ■ DIVE BERMUDA ■ BRITISH AMERICAN INSURANCE ■ PHONES PLUS ■ BOOKMART ■ TRUE REFLECTIONS ■ MUSIC WORLD ■ ASCENTO BROTHER'S AUTO LTD ■ SOMERSET COUNTRY SQUIRE ■ GORHAM'S TRUE VALUE ■ CELLULAR ONE ■ LOGIC COMMUNICATIONS ■ LINDO'S ■ THE SPORTS SOURCE ■ MUSIC WORLD ■ LEISURE TIME

## Intl.StudentProfile

### Shari Scott in Bolivia

THANKSGIVING Dinner consisted of turkey, rice mixed with ham, peas and carrots, (the peas and carrots were like the peas and carrots that come in the can, the only thing was that we had to peel the carrots without a peeler and then cut them up really small). I'm glad to have my fingers! Corn in sauce stuff (it looked like mac 'n' cheese), the corn was in the form of corn nibbles but we had to remove the nibbles from the actual corn!

Applesauce, cranberry sauce, and stuff that was supposed to be stuffing; I don't know how to describe it. Finally potatoes! That must have been the funniest part. We had to peel these already boiled potatoes by hand. The different part was that the potatoes were purple, not slightly purple like lilac but a royal dark deep purple color. (They were a



pretty colour.) These were the potatoes we were gonna eat.

So anyway we were wondering when we were going to mash the potatoes. We patiently waited but got tired so decided to start mashing these purple potatoes. Apparently these potatoes were not the type for mashing! To say the least our hosts were a bit upset and the potatoes looked very interesting in the end.

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